

Checklist for enrolling in Catamount Health without Premium Assistance

(from a \$7,500 deductible plan or higher)

- _____ date mailed Fill out, sign and mail “Catamount Health Application and Change Form”
Send directly to the address of the insurance company you have chosen.
Include your first month’s premium with your application.
- _____ date received Receive your Health Care ID card and information about Catamount Health
from your chosen insurance provider.
- _____ date to remember Date you will be able to send application for premium assistance to the State.
(11 months from the date you are enrolled in Catamount health)
- _____ date mailed Fill out, sign and mail “Health Care Programs Application” (keep a copy for your records)
You can also apply online at myBenefits.vt.gov (keep your confirmation number)
- _____ date received Receive letter of eligibility for one of the Vermont state health insurance programs.
- _____ date paid Receive notification of monthly premium (if any) to be paid to the state. Pay
premium immediately. No longer pay premiums to insurance provider.

Please note that this list covers the most common steps, but may not be all-inclusive. Other steps may be required. If you have access to employer sponsored insurance, the state may require you to provide additional information **It is important to keep copies of all paperwork you send to the State (if possible) and copies of all notices mailed to you by the State. You should keep the confirmation number if you apply online.** If you wish to find out the status of your application, call the State at 1-800-250-8427 or 1-800-479-6151. If you receive confusing or conflicting information, or think you have been wrongly denied coverage, please call 1-866-482-4723 for assistance or go to:

www.CatamountHealth.org

This information is prepared by the Vermont Campaign for Health Care Security Education Fund, a non-profit organization working to educate Vermonters about and helping them enroll in public health care programs. This information is intended to advise applicants to Catamount Health. All final decisions about eligibility, premium assistance are made by the State of Vermont.