

## **Checklist for enrolling in Catamount Health with Premium Assistance, VHAP, and Dr. Dynasaur**

\_\_\_\_\_ date mailed      Fill out, sign and mail Health Care Programs Application (keep a copy for your records)  
You can also apply online at myBenefits.vt.gov (keep the confirmation number)

\_\_\_\_\_ date received      Receive letter of eligibility for one of the Vermont State health insurance programs

\_\_\_\_\_ date paid      Receive notification of monthly premium (if any). Pay premium immediately.

\_\_\_\_\_ date called      If you are enrolling in Catamount Health, you will receive descriptions of both Blue Cross Blue Shield and MVP's Catamount Health plans. Call the State at 1-800-250-8427 to let them know which plan you are choosing to enroll in. Though the coverage is identical to Blue Cross Blue Shield, MVP costs an additional \$36/month. MVP will cost an additional \$113/month as of January 1, 2011.

\_\_\_\_\_ date received      You should receive your Health Care ID cards and information about Catamount Health from the insurer you choose.

\_\_\_\_\_ date received      You should receive your Health Care ID cards from the State of VT for VHAP and/or Dr. Dynasaur

Please note that this list covers the most common steps, but may not be all-inclusive. Other steps may be required. If you have access to employer sponsored insurance, the state may require you to provide additional information **It is important to keep copies of all paperwork you send to the State (if possible) and copies of all notices mailed to you by the State. You should keep the confirmation number if you apply online.** If you wish to find out the status of your application, call the State at 1-800-250-8427 or 1-800-479-6151. If you receive confusing or conflicting information, or think you have been wrongly denied coverage, please call 1-866-482-4723 for assistance or go to:

[www.CatamountHealth.org](http://www.CatamountHealth.org)

This information is prepared by the Vermont Campaign for Health Care Security Education Fund, a non-profit organization working to educate Vermonters about and helping them enroll in public health care programs. This information is intended to advise applicants to Catamount Health. All final decisions about eligibility, premium assistance are made by the State of Vermont.